



# Continue to Grow Your Coaching Skills Become Masterful in The Coaching Profession

## Why Obtain an ICF Credential?

- Continue to develop and master your skills
- Those with more training and skills usually command higher fees
- Most jobs and high paying coaching contracts are given to ICF credentialed coaches
- Demonstrates to your clients that you are highly skilled and trained which attracts more clients
- Gives you the confidence to put yourself out there as a polished professional
- The field of coaching is moving toward ICF credentialing as the industry standard

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### 60 Hour Life or Spiritual Coach Certification Program

Receive training on foundational coaching skills and learn effective tools and techniques to use with clients. Once certified, you can start your own business.

### Advanced Practicum

Take your skills to the next level in this 12-week online program. Designed to provide extensive practice and feedback to our coaches and a full understanding of the ICF Core Competencies and ICF Ethics

### Advanced Life Coach Certification

Gain in-depth knowledge of the ICF Core Competencies and the PCC Markers. Learn Advanced Skills for Relationship, Health, Balance, Spiritual, Executive, Leadership, Entrepreneurial and Group Coaching as well as prepare for the ICF exam.

### Mentoring & Performance Evaluation

Receive mentoring for the A.C.C. or P.C.C. Level. Develop your skills and receive detailed feedback based on the Core Competencies and either A.C.C. or P.C.C. Markers to obtain an ICF credential. Level 1 includes 10 hours of individual mentoring. Level 2 includes 7 hours of group mentoring and 3 hours of individual mentoring.

Final Performance Evaluation includes precise and extensive feedback based on the Core Competencies and A.C.C. or P.C.C. Markers. The Performance Evaluation also includes reviewing your course materials to ensure you've successfully completed all your requirements.

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Payment plans available.

Call 858-484-3400 ext 1 for more information

# Preparing for an ICF Credential

## Comparing Our Two Programs

A Student Adviser will speak with you about the training path you want to take. By taking our 60 hour certification program, you will become a Certified Life or Spiritual Coach. If you want to also obtain an ICF credential, you can continue on to our Level 1 or Level 2 program.

We advise students to decide whether to take a Level 1 or Level 2 program within a year of completing the 60 hour course so you can build on your coaching skills while they're still fresh.

### **Our programs prepare you for a credential from the ICF in two different ways:**

#### 60 Hour ICF Path – Level 1 (ACC)

- Pay extra for Professional Mentoring (10 hours of individual) and a Performance Evaluation
- Study on your own for the ICF exam
- Complete minimum of 100 hours of coaching experience
- Market your practice and get your business up and running successfully with the tools you received in your 60 hour class
- Prepares you to obtain an ICF ACC Credential
- Gives you the tools and confidence to start your private coaching practice

#### 165 Hour ICF Path – Level 2 (ACC, PCC)

- Professional Mentoring (group and individual) and Performance Evaluation included
- Study in class for the ICF exam (CKA)
- Get support to complete the 100 hours for ACC or 500 hours for PCC level
- Receive ongoing coaching and consulting to build your successful practice within your first year
- Provides the advanced training to improve your skills and effectiveness as a Coach
- Prepares you to obtain an ICF ACC or PCC credential
- Gives you the confidence to excel in the industry and to charge higher fees